

Soups

House-made soups; served with buttered toast | Small **6** / Large **8**

Paninis

add half salad | 4.5

add small soup | 5

Jalapeno Popper Grilled Cheese | 9

Mozza, cream cheese, house pickled jalapenos and crunchy tortilla chips

Roasted Mushroom and Goat Cheese | 9

Roasted mushrooms, roasted onions, roasted garlic goat cheese, and mozza cheese, with a balsamic reduction

Rachel's Reuben | 10

House-roasted turkey with Russian dressing, apple sauerkraut, and Swiss cheese on rye bread

Lasagna Panini | 10

Ground beef and hot Italian sausage in a house made tomato sauce with mozza and herbed ricotta cheese

Wraps

add half salad | 4.5

add small soup | 5

Bombay | 8

Chickpeas, roasted potatoes and veggies sautéed in spices and light curry with apple chutney, spinach, fresh mint, and cilantro sauce

Buffalo | 10

Roasted chicken tossed in buffalo sauce with tomatoes, spinach, mozza cheese and ranch dressing

Salad Bowls

Moroccan Quinoa and Chickpea Salad | Full 9 / Half 4.5

Quinoa, chickpeas, veggies, and dried apricots tossed in a Moroccan spiced dressing

Southwest Black Bean and Corn Coleslaw | Full 9 / Half 4.5

Black beans, corn, cabbage, carrots, onions, bell peppers, and jalapenos in a creamy southwest dressing

Soup and Salad Combo | 10

Mix and match any small soup with any half salad, includes butter toast

Kids Menu

Kids Grilled Cheese (12 and under) | 6.5

Cheddar and mozzarella cheese on multigrain bread

Kids Simple Chicken (12 and under) | 7

House roasted chicken, mayo, lettuce, and tomato on multigrain bread